



RESILIENCE BASED DE-ESCALATION

*Lead by Community Supports, Inc and Humans Being Humans Consulting
Funded by DODD through SWOCOG*

WHAT IS IT?

A one-day training that focuses on **Felt Safety**. We take the high-level neuroscience behind human behavior and turn it into tangible, down-to-earth practices that **anyone** can do! You'll walk away from this training with more insight into what makes us tick, how to feel safe and confident in challenging scenarios, and how you can be a source of **safe connection** for people in your life, both professionally and personally!



WHY SHOULD I GO?

People in our lives-- whether it is our child, someone we work with, or a friend-- do well when they can. If someone is struggling, it can be hard to know how to step in. This training is a powerful resource that teaches us it is not only what we **do**, but how we **are** that helps others to safely connect and regulate.



WHO SHOULD ATTEND?

Parents, Family Members, Case Workers, Care Coordinators, Teachers, Intervention Specialists, Behavior Support Specialists, SSA's, Coaches, Probation Officers, Direct Care staff... anyone who spends their time working with or on behalf of youth with developmental differences!

WHEN AND WHERE?

This training will be a full day from 9 AM to 4 PM. There will be a one hour lunch break from 12-1 PM. We'll be holding this monthly around Southwestern Ohio, so pick the time and place that works best for you!

Scan here to learn more and sign up for your preferred date and location.

